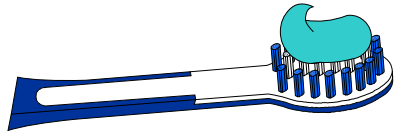


STARSMILEZ[®]

BRUSHING YOUR TEETH

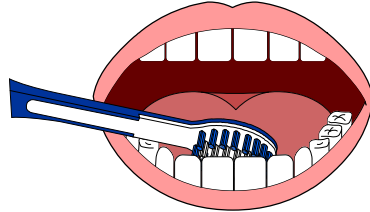


Brush your teeth for 2-3 minutes every time so you can keep your smile bright!



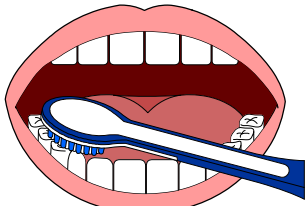
1

Squeeze a small amount of fluoride toothpaste onto a small, soft toothbrush.



2

Using small circular motions, gently brush the insides of your teeth. Make sure to jiggle along every tooth down to the gums.



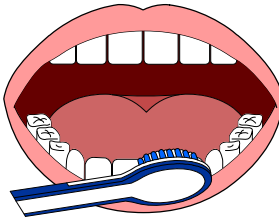
3

Using a back and forth motion brush along the chewing surfaces of your back teeth. (molars)



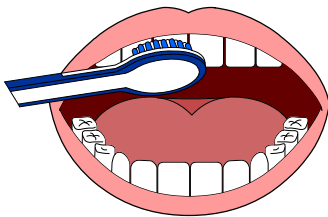
DAY

Brush your teeth at least twice a day. Once when you wake up and again before bed. For a brighter smile, brush after every meal.



4

Using small circular motions again, gently brush the outsides of your teeth. Make sure to brush all the way down to the gums.



5

Repeat steps 2-4 on your top and bottom teeth. Be sure to brush every tooth until they are nice and bright!



NIGHT



6

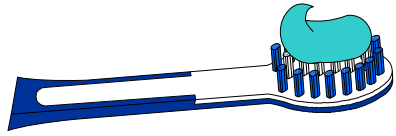
Don't forget to brush your tongue! Germs and bacteria can be found anywhere in your mouth, so include your tongue when brushing.

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STARSMILEZ® BRUSHING YOUR TEETH

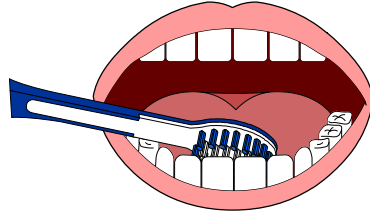


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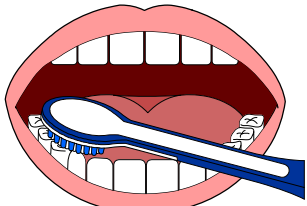
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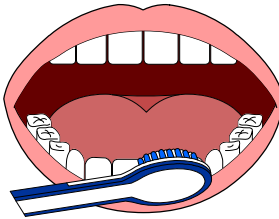
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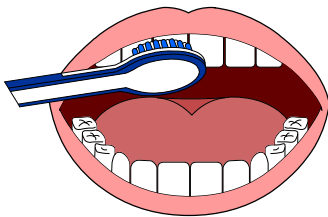
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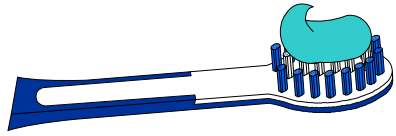
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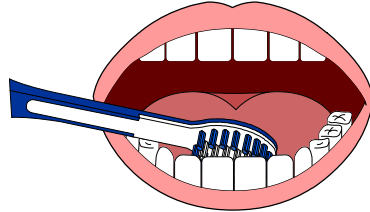


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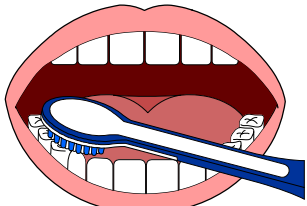
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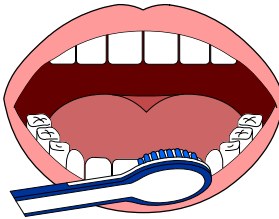
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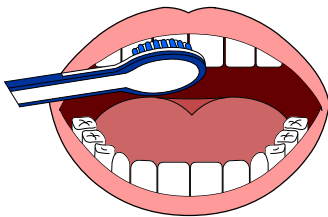
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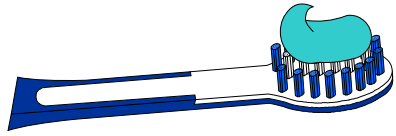
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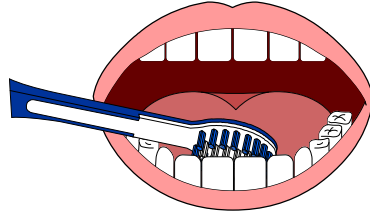


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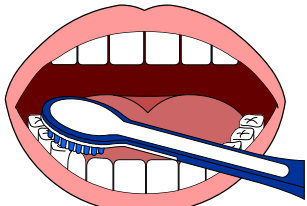
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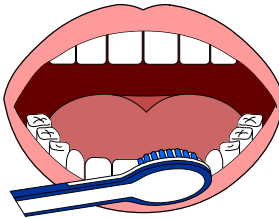
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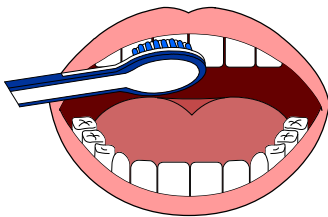
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