

# DENTAL SING ALONG

## "BRUSH, BRUSH, BRUSH YOUR TEETH"

*(SUNG TO THE TUNE "ROW, ROW, ROW YOUR BOAT")*

*Use the hand gestures described below to make the song more fun!*

### Verse 1

#### **Brush, brush, brush your teeth**

*Use your index finger to make a brushing motion in front of your mouth.*

#### **At least two times a day.**

*Hold up two fingers*

#### **Cleaning, Cleaning, Cleaning, Cleaning**

*Swing your arms back & forth in a running motion to the rhythm of the song.*

#### **Fighting tooth decay!**

*Make two fist in front of your body in a fighting pose.*

**(CLAP!)**

### Verse 2

#### **Floss, floss, floss your teeth**

*Use both hands to make a flossing motion in front of your mouth.*

#### **Gently 'round your gums.**

*Point to your gums.*

#### **Wiggling, Wiggling, Wiggling, Wiggling,**

*Wiggle your whole body!*

#### **Flossing can be fun!**

*Raise both hands in the air in celebration!*

**(CLAP!)**

### Verse 3

#### **Rinse, rinse, rinse your teeth**

*Flick your fingers as if your spraying water from your hands.*

#### **Keep them clean and bright.**

*Use both hands to point to your bright, clean teeth.*

#### **They'll be healthy, They'll be strong,**

*Do the strong man pose with both biceps flexed to show off your muscle!*

#### **If you treat them right!**

*Put one hand on your hip, and shake your other finger at the audience.*

**(CLAP!)**